



MED TO ONE

Providing medicine for long-term needs, one patient at a time.

It's all about the patients. Whether MED TO ONE's medicine is allowing someone to stay in school, go back to school, work, or regain the confidence lost due to uncontrolled seizures, MED TO ONE is here to serve its patients. We are very grateful for the success of MED TO ONE and the impact it has had on its patients. Thank you for your continued support, and please help us tell others about the work only MED TO ONE is doing. —Tauni Crefeld, President, MED TO ONE.



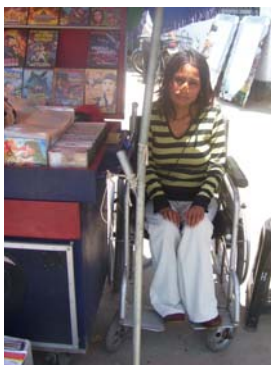
Raquel with Mirtha

Patient Spotlight: Mirtha & Ruben

Ruben and Mirtha are both MED TO ONE patients, and they are made for each other. Ruben has epilepsy and is also very near sighted. MED TO ONE has provided him with monthly medication and new glasses. Mirtha had polio when she was a child and is now in a wheelchair, with limited strength in her arms. Ruben and Mirtha live about a block from each other in one of the outlying districts of Lima. They work together selling CD's at a stall in a market near their homes. Ruben pushes Mirtha's wheelchair to the market, and does the heavy lifting. Mirtha has good eyesight and a keen business sense. She keeps the books and makes the plans for how to expand their business. Recently she expanded to begin selling Christian magazines. She said that was working well until the stalls near her also began selling them. She is now considering adding snacks and candy to the stand. Mirtha and Ruben are an amazing couple – while each of them by himself/herself has limitations, together they make up for each other and complete each other. Both dream of increasing their business, and someday believe they'll marry. Ruben and Mirtha are very thankful for MED TO ONE, and thankful that they are able to work to support themselves and their families.



Tauni Crefeld with Ruben



Mirtha at their stall in the Market

SPREAD THE WORD

Tauni Crefeld recently presented to a group of graduates of Service Academies (US Military Academy, US Naval Academy, US Air Force Academy) during a networking meeting. The topic of the presentation was "Starting a non-profit" and she used MED TO ONE as a case study.

Tauni also recently presented as the guest speaker for a foreign language society induction ceremony at a local high school, telling of her journey from Spanish student to founder of a non-profit in Bolivia and Peru. She also presented to youth groups in two area churches.

These kinds of venues help spread the word about MED TO ONE, and help others understand the unique work only MED TO ONE does.

If you know of a networking night, alumni reception, youth group, church, school, etc where MED TO ONE could present, please contact Tauni: info@med2one.org.

HEALTH CONFERENCE IN AREQUIPA

MED TO ONE participated in a conference of health-care focused non-profits in Peru in January. The conference was organized by Medical Ministry International (MMI), and Health Bridges International (HBI), both organizations MED TO ONE has partnered with.

The primary goal of the Conference was to develop an ongoing forum for communication among Arequipa-wide health-care and social service organizations that assist the poor, to cooperatively better serve patients and to work together to

(Continued on page 2)

(Continued on page 2)

Want to be a MED TO ONE Sponsor?

Make a difference in a patient's life.

Sign up online at:
www.med2one.org
Call 973-626-9928

Or write:
PO Box 26
Bloomington NJ 07403

Patient Spotlight: Aide

Aide, pronounced "Ay-day," has been a MED TO ONE patient since March 2007. Aide lives with her mother and four siblings. Aide, now 19, was forced to quit school when she was about 11 due to her seizures, and she cannot read. Her extremities are also slightly numb and she has little strength in her hands. She was also timid and embarrassed by her condi-

Spotlight: Aide (Continued)



Aide with MED TO ONE coordinator Raquel



Aide in Raquel's home

tion. Prior to getting **MED TO ONE** support, she spent her days helping her mother around the house. Her mother treated her like a servant and favored her other children.

Since getting **MED TO ONE**'s support Aide is a new person. She is growing in confidence as her seizures are controlled. She is seeing a psychologist who offers free care for **MED TO ONE** patients. She is planning on attending night school to learn how to read. And she is learning to make beaded jewelry, which she hopes to sell. She is able to travel by bus by herself to **MED TO ONE** coordinator Raquel's house (about 15 minutes), if she misses her monthly visit.

Aide thanks **MED TO ONE** and her sponsor for the medicine and their support.

FEATURED Volunteer: Webmaster

Christine Hill is **MED TO ONE**'s volunteer webmaster. Christine is a current resident of North Carolina, having recently moved there from New Jersey. She is an IT professional, a website designer, and has her own website design company. Christine graciously volunteered to help create **MED TO ONE**'s website in November 2007, and added such critical functionality as online pay (through PayPal) and "contact us" email generation. Since then she has con-

HBI Conference—Continued

solve common problems.

Ducelia Herrera de Rivera, **MED TO ONE**'s coordinator in Arequipa, represented **MED TO ONE** at the conference, and presented to all of the participants about the work we do and the challenges we face. In addition, **MED TO ONE**'s information was included in the information packet that was handed out to all of the participating organizations.

Ducelia made several connections with people from other organizations, and we are hopeful that we will be able to be partner with other organizations, as we have with MMI and HBI. We are hopeful that those organizations will call **MED TO ONE** when they have patients with chronic conditions who need the long-term support only **MED TO ONE** provides.

tinued to support **MED TO ONE**'s website with periodic updates and posting the "bi-monthly" newsletter.

Christine is currently working on **MED TO ONE**'s Spanish website – to be launched shortly! The Spanish website will help the coordinators in Peru and Bolivia provide local churches, universities, and other in-country contacts with information about **MED TO ONE**. Thank you, Christine!!



Aide's home

What is MED TO ONE ?

MED TO ONE is a unique organization meeting the long-term needs of impoverished patients for the long term now. **MED TO ONE** focuses on patients in Latin America suffering from epilepsy, diabetes, hypertension, Parkinson's, etc.

Why is MED TO ONE so important?

In the countries where **MED TO ONE** serves, the socialized medical systems are terribly underfunded; medicine is generally not covered. Short term missions help fill the gap but do not meet the long-term needs of chronic sufferers.

Some patients—especially those with epilepsy—find themselves in a vicious circle where they cannot work or go to school because of their conditions, and they cannot work to pay for the medicine they need to live a normal life.

MED TO ONE can break this cycle and enable a patient to live up to their potential.

ONLY MED TO ONE meets the long-term needs of individual patients now.

MED TO ONE operates in Lima and Arequipa, Peru, Santa Cruz Bolivia, and plans to expand to Honduras soon.

Get Involved

- **Help spread the word** about **MED TO ONE**; forward or share the newsletter; request a video or brochures, or let us know a venue (small group, business, or organization) that we could present to. Contact us at info@med2one.org.
- **ONE TO ONE Sponsorship**. Consider giving a patient with a chronic condition a chance at a normal life.
- **Contribute a one-time donation**.
- **Donate your time**. There are numerous ways to help.
- **Add MED TO ONE** to your corporate "donor match" or giving campaign programs.

Board of Directors

Tauni Crefeld, President
Jon Crefeld, Artistic Director
Dr. Boyd Kroeze, Medical Director
Col Jaime Vazquez, USAF (Ret)
Mike Chung

Contact Us

www.med2one.org
Phone: 973-626-9928
Email: info@med2one.org
Write: PO Box 26,
Bloomingdale NJ 07403



MED TO ONE is a non-profit under section 501 (c) (3) of the Internal Revenue Code.